

# MILTON KEYNES SUMMER CAMP



## EXMOUTH 2008

MONDAY 28TH JULY - WEDNESDAY 6TH AUGUST



Shaun  
the  
Sheep

## INTRODUCTION



Welcome to the 2008 MK Summer Camp booklet. Whether this year will be your first camp or your twenty-first, this booklet is guaranteed to be packed full of useful information.

On the following pages, you will find out where you'll be sleeping, who you'll be sat with for meals, and on which day you'll be sharing the important jobs of the Duty Squad. As well as all that, the booklet will give you some idea of what you'll be getting up to at camp – which will help you decide what to pack!

Please take some time to read through all the information (especially the Camp Rules), and make sure you bring this booklet along to camp as well, because you won't remember it all...

## WHERE WILL WE BE STAYING?

This year, camp will be based on playing fields owned by the University of Plymouth. The full address is below, so make sure those you're leaving behind have a note of it. In the past, lots of families have sent postcards or letters through to us while we're at camp, so tell your loved ones they can do the same!

**MILTON KEYNES SUMMER CAMP  
UNIVERSITY OF PLYMOUTH  
EXMOUTH CAMPUS  
DOUGLAS AVENUE  
EXMOUTH  
DEVON  
EX8 2AT**

**EMERGENCY PHONE NUMBER: 07719 807495**

It is very important that this number is used only for emergencies.

## HOW WILL WE GET THERE?

We'll be travelling down to Exmouth by coach, leaving on Monday 28th July. The coach has to pick up from each church in turn, and the order is as follows:

**WATER EATON CHURCH CENTRE, BLETCHLEY**      **09:30AM**  
**LOVAT HALL, NEWPORT PAGNELL**                      **10:00AM**

Before we leave, everyone will be provided with a polo shirt unique to this year's Camp. This should be worn with dark trousers/shorts/skirt to form the Camp uniform. The uniform helps staff keep everyone together (and looking smart), and it must be worn for travelling down on the coach. Once at Camp you should take it off, and keep it neat for the trip to Church on the Sunday.



## CAMP ID CARDS

Soon after you arrive at Camp, you will be issued with an ID card. This holds important information, including the address and emergency telephone number for the Camp site. You should carry this with you every time you go off-site, and staff will check you have it before every activity.

The ID card is unique to you, and must also be shown every time you want to use the Camp Bank – see later in the booklet.

## EXMOUTH UNCOVERED

Like most towns that we use for Camp sites, Exmouth sits on the coast, and the walk down through town to the beach is only a few minutes. It's a quiet town, but the bustling city of Exeter is a short distance away, and we usually find time for a shopping trip there. Devon is one of the country's favourite tourist spots, which means we are never short of exciting activities...



## WHAT WILL WE GET UP TO?

You'll be pleased to know that every year, a dedicated team of staff takes on the challenge of finding exciting things for us to do. On most days there will be at least one trip to an activity off-site, but the Activities Team also make sure we have plenty to do on the field as well.



It's impossible to say exactly what we'll be doing this year, but things like go-karting, surfing, ice skating, bowling and swimming are often available. You won't be able to do everything, but the choice is up to you – the cost of each activity you want to do is taken out of the pocket money that you bring to Camp. Keep an eye on the Activities Board (in the marquee) for the sign-up sheets. Only once is an off-site trip compulsory, and that's the traditional Camp day out at the end. Don't worry though – this will either be free or heavily discounted.

Don't forget that the Activities Team are there to make Camp fun for you. If you have any special requests, or you spot a leaflet for a local activity which looks fun, let them know...

## THE DAILY ROUTINE

Every day at Camp will be different, but there are certain things which have to be consistent. The following timings are fixed, and everyone must be back on-site for all of these.

- 7:30AM WAKE-UP CALL (REVEILLE)**
- 8:30AM MORNING WORSHIP**
- 8:45AM BREAKFAST**
- 1:00PM LUNCH**
- 6:00PM EVENING MEAL**
- 8:45PM RETREAT PARADE**
- 8:50PM COCOA & BISCUITS**
- 9:00PM EVENING WORSHIP**
- 10:00PM VESPER & LAST POST**



At Camp, we are kept in check by the sound of our bugle. There are different calls (tunes) for different parts of the Camp routine. This probably sounds very odd, but it will only take a day or two for you to learn what each call means.

Ten minutes before every meal, the bugler will give a special warning call. This is the signal to stop whatever you're doing, put away any sports equipment or games, and get ready. Remember that a trip to the toilets or washroom takes a couple of minutes at Camp, so leave time to fit this in if you need!

## CAMP APPEAL

Each year we choose a charity to support while at Camp, and this year we thought we would support young people's hospices. Helen House in Oxford supports under 16s, and Douglas House cares for young people over 16. During Camp you will hear a bit more about what they do, and towards the end there will be a chance to donate a small amount from your spending money to the Appeal, straight from your Camp Bank account. It only takes a little bit of effort, but we usually raise several hundred pounds for the cause, which is great!

## POCKET MONEY

We recommend bringing about £50 spending money to Camp, or a bit more if you plan to go on all the more expensive trips. Before we leave you will have the opportunity to pay this money in to your Company, so that when you arrive at Camp it's already in your Camp Bank Account. You can of course bring a bit extra down in your bag, but we strongly suggest passing it to a member of staff.

During Camp, the cost of each activity you go on is automatically taken out of your Bank Account. You may also withdraw cash if you want some money to spend on a trip into town or at the Tuck Shop.

Usually, the Camp Bank opens after breakfast and lunch, for you to check your balance, take money out or pay some back in. Before any transaction, you will have to show your Camp ID card – another reason to keep it very safe! Just like a real bank, you will also have to sign a slip for each transaction.

Unlike a high-street bank, we don't offer loans or allow you to have an overdraft, so be careful with your money. Remember that Camp lasts ten days, and it can be very boring if you spent all your money on the first day and can't afford to go on any trips!



## FIRST AID

A number of staff members at Camp are qualified First-Aiders – they will be introduced at the start of Camp. Pay attention, because you never know when you may need them! Any medicines or tablets you take should be handed to the First Aid officer as soon as you arrive – make sure everything is clearly labelled. If you suffer from asthma it's a good idea to bring two inhalers – one to be held by the First Aid team and one to carry with you. If you are feeling ill, report to your tent officer, the duty officer or one of the First Aid team. Any accident must be reported to the duty officer.

# STAFF RESPONSIBILITIES

## MANAGEMENT TEAM

David Wright	<i>C.O</i>
Mark Nicholls	<i>Adjutant</i>
Mary Buckell	<i>Safeguarding</i>

## SPIRITUAL TEAM

Ricky Rew	<i>Chaplain</i>
Chris Bell	<i>Assistant</i>
Bev Wright	<i>Assistant</i>
Vivien Williams	<i>Assistant</i>

## CATERING TEAM

Catherine Hall	<i>Cook</i>
Barbara Bedford	<i>Cook</i>
Sam Hall	<i>Cook</i>
Mary Buckell	<i>Cook</i>
Lucy Brown	<i>Cook</i>
Tracy Rew	<i>Cook</i>
Sarah Williams	<i>Cook</i>
Andy Hall	<i>QM</i>
Katie Nelson	<i>QM</i>
Flic Jones	<i>Tuck Shop</i>
James Coward	<i>Tuck Shop</i>

## MUSIC/WORSHIP

Bev Wright	<i>Musical Director</i>
Simon Bradley	<i>Musician</i>
Chris Buttenshaw	<i>Musician</i>
Lindsay Wright	<i>Musician</i>
Sam Waters	<i>Musician</i>

## FINANCIAL TEAM

Roger Hall	<i>Treasurer</i>
Maddy Jones	<i>Bank Manager</i>
Jenny Evans	<i>Cashier</i>
Katie Nelson	<i>Cashier</i>

## EVENT MANAGEMENT TEAM

Nicci Horn	<i>Activities Co-ordinator</i>
Simon Bradley	<i>On-site Activities</i>
Jamie Willett	<i>Assistant</i>
Lindsay Wright	<i>Assistant</i>
Sam Waters	<i>Assistant</i>
Chris Buttenshaw	<i>Assistant</i>

## MEDICAL TEAM

Mary Buckell	<i>Medical Officer</i>
Vivien Williams	<i>Medical Officer</i>
Nick Buttenshaw	<i>Medical Officer</i>

## TENT INSPECTION

Steph Dungeate	<i>Tent Inspector</i>
James Coward	<i>Tent Inspector</i>

## SITE MANAGEMENT

Jamie Willett	<i>Fire &amp; Equipment</i>
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# TENT ARRANGEMENTS

Hopefully it won't be a surprise to you that we sleep in tents at Camp! The groups are set so you will be sharing with people from each company, so don't be worried if you don't know every name yet. Two members of staff are assigned as Tent Officers to look after each tent, and they will check (for example) that everyone is safely tucked up after evening devotions.

It's important that you remember to keep all your luggage and bedding clear of the tent walls, as a tent will leak where things touch the sides! You're sharing the space with others, so you should also try to keep the tent clean and tidy at all times. Checking every day that tent pegs, poles and ropes are in the right places is everyone's responsibility, which is why we have Tent Inspection every morning. More on that later...

**BITZER**

Aaron Ellmer  
Callum Hughes  
Elliott Day  
Johnathan Evans  
Jake Lowry



**TENT OFFICERS**

David Wright  
Nick Buttenshaw

**TIMMY**

Aaron Packwood  
Joshua Brown  
Alastair Eelbeck  
Sam Rolson  
Marcus Day



**TENT OFFICERS**

Simon Bradley  
Jamie Willett

**PIPSLEY**

Rose Edwards  
Michelle Taylor  
Keelie Lingard  
Vicky Lane



**TENT OFFICERS**

Nicci Horn  
Lindsay Wright

**SHIRLEY**

Charlotte Heggie  
Kirsty Wright  
Charlotte Lane  
Sally Scott



**TENT OFFICERS**

Catherine Hall  
Lucy Brown



# MEAL TIMES

While at Camp, you will eat all your meals sat at the same table, with a mixture of campers and staff. Just like the tents, you might be with people you don't know at first, but that will change very quickly! Two staff are chosen as Table Hosts (the names underlined below), and they will be making sure everyone gets enough food as well as ensuring good table manners.

## TABLE 1

Roger Hall  
Catherine Hall  
Barbara Bedford  
James Coward  
Aaron Ellmer  
Sally Scott  
Alastair Eelbeck

## TABLE 2

Ricky Rew  
Tracy Rew  
Vivien Williams  
Maddy Jones  
Sam Waters  
Michelle Taylor  
Callum Hughes  
Joshua Brown

## TABLE 3

David Wright  
Bev Wright  
Katie Nelson  
Nick Buttenshaw  
Flic Jones  
Johnathan Evans  
Charlotte Lane  
Keelie Lingard

## TABLE 4

Simon Bradley  
Nicci Horn  
Chris Buttenshaw  
Lucy Brown  
Lindsay Wright  
Elliot Day  
Sam Rolson  
Charlotte Heggie

## TABLE 5

Mark Nicholls  
Mary Buckell  
Chris Bell  
Sarah Williams  
Steph Dungeate  
Rose Edwards  
Marcus Day  
Jake Lowry

## TABLE 6

Andy Hall  
Sam Hall  
Matthew Hall  
Jamie Willett  
Jenny Evans  
Aaron Packwood  
Kirsty Wright  
Vicky Lane

# DUTY DAYS

During Camp, everyone takes a turn sharing some of the jobs which need to be done on-site, as part of their Duty Day. Don't worry – this just means acting as waiter/waitress for your table at meal times, and helping out the cookhouse team with a few other tasks. Your duty day begins in the evening at Retreat Parade, and runs through till the same time the next day.

Each day at Camp is watched over by a different Duty Officer. They must remain on-site for the entire day, but the other members of the Duty Squad may leave when they are not required for a specific job. When on duty you must be available at least twenty minutes before each meal, and during meals only the Duty Squad are allowed to move around or fetch things from the cookhouse. Usually, one person from each table will be on duty each day.

## **TUE 29TH**

Roger Hall  
Jamie Willett  
Lindsay Wright  
Charlotte Lane  
Marcus Day

## **WED 30TH**

Andy Hall  
Maddy Jones  
Flic Jones  
Elliot Day  
Vicky Lane

## **THUR 31ST**

Simon Bradley  
Katie Nelson  
Joshua Brown  
Sally Scott  
Jake Lowry

## **FRI 1ST**

Nick Buttenshaw  
Sam Hall  
Steph Dungeate  
Calum Hughes  
Charlotte Heggie

## **SAT 2ND**

Chris Buttenshaw  
Sarah Williams  
David Wright  
Sam Waters  
Aaron Packwood

## **SUN 3RD**

Lucy Brown  
Chris Bell  
Michelle Taylor  
Johnathan Evans  
Alastair Eelbeck

## **MON 4TH**

Nicci Horn  
Tracy Rew  
Aaron Ellmer  
Kirsty Wright  
Keelie Lingard

## **TUE 5TH**

Vivien Williams  
Jenny Evans  
James Coward  
Rose Edwards  
Sam Rolson

## **WED 6TH**

As yesterday...

## WHAT TO BRING

Your choice of clothing (other than the Camp uniform) is up to you, but as it's a summer camp we tend to stick to t-shirts and shorts. However, given the British weather, a waterproof jacket and some warmer clothing for the evenings is important. For some of the rougher activities, an older set of clothes and trainers can also be a good idea.

We are a Christian organisation, so for the time we spend in devotions you will need your own Bible (and maybe a pen or pencil). Obviously there is no electric lighting in the middle of the field, or in your tents, so a torch (with fresh batteries!) is recommended.

As campers, you may bring a medium-sized suitcase/bag, plus a sports bag. You will also need your own sleeping bag, and a pillow if you wish. Try not to bring too much unnecessary stuff. If you cannot lift and carry all of your own luggage, it's a good sign that you've packed too much!

## THE BANQUET

Right at the end of Camp, the Cookhouse team prepare a fantastic banquet meal for us, and it's always quite a party! It usually happens at the end of the Camp Day Out, so the chefs have a quiet campsite during the day to prepare...

Exactly what goes on should be a surprise, but every year we have the opportunity to dress up a bit. This year we will be following our Shaun The Sheep theme with a Farmyard Banquet.



If you have any bright ideas about a costume or prop for this, bring it along! Don't worry though, we won't turn anyone away so you can wear whatever you feel like wearing.

# CAMP RULES

We want you to have amazing Fun at Camp, but of course we also have to make sure you're safe. Remember too that we are carrying the reputations of the Boys' and Girls' Brigade with us, so always strive to leave a good impression. With that in mind, please read and be ready to follow these rules – they are here for you and for your parents' peace of mind.

## Personal Safety

- Campers do not go into the cookhouse unless on duty or specifically told to do so.
- Do not go round the back of the marquee, or run between tents.
- When going off-site, behave responsibly. Go in groups of at least **THREE**. You will not be allowed out without your Camp ID card.
- Unless it is for an organised trip, you must personally get permission to go off-site from the current Duty Officer.
- You may only swim in the sea during an organised trip, under lifeguard supervision.
- If you cannot find your way back to Camp, ring the emergency number on your Camp ID card, or find a trustworthy adult to help you (at a police station or tourist information office for example).



## Meal Times

- Keep conversations within your own tables – otherwise we all end up shouting.
- Come properly dressed for meals, take off any hats, and don't play with mobile phones.
- Food is usually dished up at the table, so always be ready to share.
- If you need something across the table, politely ask for it to be passed to you – do not grab or stretch across others.

## General Camp Rules

- Boys do not go into girls' tents, and girls do not go into boys' tents.
- Campers do not go into staff or assistant staff tents.
- We must be punctual at all times - being fair to the cooks.
- We are quiet in our tents at night - otherwise we lose sleep and become bad-tempered.
- We do not smoke, drink alcohol or use bad language during Camp.
- We do our share of the work, and always help by not throwing litter.
- Co-operation is the key to living together at Camp. We do as instructed and help each other out where possible.

## TENT INSPECTION

Not everyone is "a morning person", so at Camp we give everyone an hour to get ready and be wide awake by 8:30 for morning devotions and breakfast. After the bugle call at 7:30 you may leave your tents to get washed, get dressed and prepare your tent for inspection. If you have never been to Camp before, that might sound a bit daunting, but the older campers will know what to do.



Firstly, the sides and doors of the tent must be neatly rolled up and fastened, which helps let in fresh air every day. Any loose ropes or pegs must be put right, and the central poles straightened. Finally, the Camp blankets should be correctly folded, and all your belongings arranged neatly - with no litter around!

During breakfast the tent inspectors will walk round, awarding marks for each element, and at the end of Camp the highest-scoring tent wins a prize. Work hard, it is worth it! To make things more interesting, sometimes there will be a Tent Inspection theme, and you will gain extra points for arranging your luggage and blankets in a creative way. Listen out at cocoa each night for the next day's instructions...

# CHAPLAINCY

As the BB and GB are Christian organisations, we think it's important to spend time in worship every day at Camp. First off, there is a short talk and discussion time each morning, just before we tuck into breakfast. During the ten days we tend to work through a particular theme or story, with each day linked to the last.

There will also be the chance during Camp to work through a bible study, with a group of people your own age. There will be a session every other day after dinner...

In the evenings, after cocoa, we have a more full-on worship time. There will be music and singing led by our accomplished team of musicians, and a longer talk from our Chaplain, Ricky. These devotions usually have a link to our Camp theme, and if appropriate we sometimes have a film clip to illustrate the points made.



Whatever we look at in devotions always leaves some of us with questions, which is why the Chaplaincy tent (next to the marquee) is open every evening after devotions. Feel free to go in there with any worries, thoughts or questions. The Chaplaincy team will be there to give you the help you need. Spending time away from home might be tough for you, or perhaps Ricky's message calls you closer to God. Always remember that the Chaplaincy tent will provide a welcoming atmosphere if you need it.

You might not think that devotions are really your thing, but all the activities at Camp are aimed at you, so your participation will be greatly appreciated. One phrase that really sums up Camp is especially true for our devotional times: "The more you put in, the more you will get out".

Please come along with an open mind.

# SAFEGUARDING



Whilst you're at Camp you have the right to have fun and stay safe, and we have a duty to ensure your safety and well-being. Part of our responsibility is to appoint a Safeguarding Officer to over-see our activities at Camp to ensure we are doing our job properly and to take action when we're not.

If you are worried about the way a Staff or Assistant Staff member or another Camper is behaving towards you, there are people you can talk to. These include your Tent Officer, Table Hosts, the Chaplaincy Team and any adult that you trust.

If you feel unable to talk to any of those people you may also talk to the Camp Safeguarding Officer to share your concern. If you are away from the Camp site you can contact our Safeguarding Officer, Mary Buckell, on 07792 884974.

## CAMP 2009?

As Camp draws to an end, most of us will be already looking forward to next year! As soon as we have any information about next year, we will publish it on the Camp website -

**[WWW.MK-CAMP.COM](http://WWW.MK-CAMP.COM)**

One thing we have learnt over many years of organising MK Camp is that the location is not the most important thing, it's all about the people who attend, so we hope to see you again!

## THE VESPER

Every night before we go to bed, we sing this song.  
If you don't know the words off by heart already, you definitely will by the end of Camp!

**GREAT GOD WHO KNOWEST ALL OUR NEEDS,  
BLESS THOU OUR WATCH AND GUARD OUR SLEEP,  
FORGIVE OUR SINS OF THOUGHT AND DEED,  
AND IN THY PEACE THY SERVANTS KEEP.**

**WE THANK THEE FOR THE DAY THAT'S DONE,  
WE TRUST THEE FOR THE DAYS TO BE,  
THY LOVE WE LEARN IN CHRIST, THY SON,  
OH MAY WE ALL HIS GLORY SEE.**

## A QUICK PRAYER

Dear Lord,

Help us have a great Camp this year. I pray that we will make lots of Friends and have a chance to get to know you more Lord. When we have work to do, help us do it without complaint, and we do nothing that we would be ashamed of. When we play games or go out together, I pray that we will not be selfish, but always thinking of others. Be with us in all we do and say through the time away from our home and Families, and help us have an amazing time!

Amen.

